

MICHAEL FERNANDES

Udayarpudi, District Kozhikode, Kerala 621804, INDIA

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COACH : PHYSICAL EDUCATION & SPORTS

25+ years of National and International Teaching and Coaching Experience
in various schools and organizations as a Physical Education Teacher and Sports/ Fitness Instructor

PROFILE

- Talented & competent individual with excellence in providing coaching/ technical guidance on Physical Education at the mass level as Teacher/ Coach; trained for games namely **Volley Ball, Cricket, Kabbadi and Athletics.**
 - Sound knowledge of the developing needs of the sport and the strengths & weaknesses of the sport at the grass roots level; ability to critically analyze these issues with a view to maximizing the potential of the Development Program within these parameters. Plan, deliver and monitor a coordinated program of high quality, safe and professional coaching activities in the field of physical fitness, yoga that are progressive and reflect the needs of young talents.
 - Sound knowledge of the developing needs of the sport and the strengths & weaknesses of the sport at the grass roots level; ability to critically analyze these issues with a view to maximizing the potential of the Development Program as per desired results.
 - Proven coaching skills with the experience of coaching young people, within a range of different environments. Consistently develop & encourage participation and progression from School to National Level teams. Display consistent high standards of behaviour in accordance with the Codes of Conduct.
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PROFESSIONAL EXPERIENCE

- **Fitness Instructor : UAE Defense, Dubai - since Jan 2007**
- **Director of Physical Education : Mohamed Sathak College of Arts & Science, Sholinganallur - Jul 2000**
- **Director of Physical Education : New Prince Sri Bhavani Arts and Science College, Chennai - 1998 - 2000**
- **Director of Physical Education : AJ College of Pharmacy, Chennai - 1997 - 1998**
- Plan, deliver and monitor a co-ordinate program of high quality, safe and professional coaching activities that are progressive and reflect the needs of young talents. Skilled in Exercise Physiology, Sports Management, Health Education, Sports & Psychology, Research Method, etc.
- Sound knowledge of the developing needs of the sport and the strengths & weaknesses of the sport at the grass roots level; ability to critically analyze these issues with a view to maximizing the potential of the Development Program within these parameters. Specialized in coaching students in Volley Ball, Cricket, Kabbadi and Athletics.
- Proven coaching skills with the experience of coaching young people, within a range of different environments. Consistently develop & encourage participation and progression from School to National Level teams. Display consistent high standards of behavior in accordance with the Codes of Conduct.
- Keep myself updated with all current coaching practices & undertake continuous professional development, including all Minimum Operating Standards (MOS) training required in order to comply with the scheme.
- Teach aspects of Physical Education within the Division of Sport and Leisure across a suite of modules including: Introduction to PE, Applied Principles of Teaching PE, Work Experience/Placement and Contemporary Issues in PE.
- Adhere to quality assurance and enhancement systems to ensure high standards are maintained and the student experience is enhanced. Attend local, regional and national events on behalf of the University, in order to promote the University and its courses, and to enhance the institutional, departmental and divisional profile.